

**Genomic Resource Information**

**Contents**

* **Testing companies**
* **Analysis services (raw data interpretation)**
* **Resources**

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| **Testing Companies**  (Offer Lab Testing, Analysis of Raw Data, or both) | **Price Points (2019)** (prices subject to change) |
| 23andMe (Testing/Analysis) - <https://www.23andme.com/?new=true&vip=true> | $79/$149/$499 depending on package  *Since 2015, also available in NY & MD* |
| Advanced Genomic Solutions (Testing / Analysis) - <https://www.ags-health.com/> | 23andMe Conversion (Must have a **23andMe data file**version 4 or version 5. Older versions do not contain enough data) - $99  Health & Wellness DNA Tests - $299 – $499 |
| AncestryDNA (Testing) –  <https://www.ancestrydna.com/kits> | $99 / +$20 w/traits plus shipping/tax  *Available in the United States and for purchase online for residents of over 30 countries* |
| ***Brand New (from AncestryDNA)***  AncestryHealth (Testing and Analysis) | $149  AncestryHealth® is not currently available in New York, New Jersey, and Rhode Island. |
| Diagnostic Solutions Lab (Testing / Analysis) -<https://www.diagnosticsolutionslab.com/> | 5 tests available  Contact for pricing |
| Full Genomes (Testing / Analysis) -  <https://www.fullgenomes.com> | $15 (Single SNP) - $2900 (Whole Genome) |
| GeneBase (Canada) (Testing / Provides free links to analysis databases) –  <https://www.genebase.com/> | $99 - $498  (33 tests available) |
| Genetic Direction (Testing / Analysis) - <https://geneticdirection.com/> | 1 program $299  2 programs $449  3 programs $549  4 programs $649 |
| Genova Diagnostics (Testing / Analysis) – <https://www.gdx.net/> | Various Genomic Tests  Contact for pricing |
| Great Plains Laboratory (Testing / Analysis) -  <https://www.greatplainslaboratory.com/dna-methylation> | DNA Methylation Pathway/Identifying SNPs/**Dried Blood Spot Test**  **Contact for pricing** |
| MaxGen Labs (Testing) - <https://maxgenlabs.com/collections/genetic-testing-kits> | Various Panels - $119 - $349 |
| MyHeritage (Testing / Analysis) –  <https://www.myheritage.com/> | $79 (DNA) /$199 +shipping (DNA Health + Ancestry Kit)  (The sale of at-home genetic test kits for health purposes is prohibited in the following countries: Israel, France, Germany, Austria, and Switzerland. Likewise, the sale of these kits is prohibited in the following U.S. states: New York, New Jersey, and Rhode Island) |
| My Labs For Life (associated w/MTHFR Support) (Testing) - <https://mylabsforlife.com/lab-tests/page/4/> | DNA Methylation – Blood Spot  $585  (not available in MA, MD, NY, NJ or RI) |
| NutriGenomix (Testing / Analysis) – <https://www.nutrigenomix.com/>  Multinational, but based out of Canada | 45 gene tests which interprets how your genes respond to specific foods.  Contact for pricing/registration |
| Nutrition Genome (Testing / Analysis) - <https://nutritiongenome.com/shop-nutrition-genome/> | 23andMe Health Report - $99  (They recommend using the raw DNA data file from 23andme.com **from the V4 chip only, not V5 (txt. file from before August 2017)**  Nutrition Genome DNA Collection Kit and Genetic Report - $299 |
| SelfDecode (division of SelfHacked) (Testing / Analysis) - <https://www.selfdecode.com/#!#analyze-my-genes> | $59/yr (Analysis) / $59/yr + $90 DNA Kit / $289 lifetime access + DNA Kit |
| Ulta Lab Tests (Affiliated w/Genetic Life Hacks) (Testing) - <https://www.ultalabtests.com/geneticlifehacks/> | Large variety of tests & prices  (Not available in New York, New Jersey and Rhode Island) |
| Your Genomic Resource (Testing) - <https://yourgenomicresource.com/practitioners/dna-test-kit/> | DNA Kits and proprietary Functional Genomic AnalysisTM software. Self-analysis.  Contact for pricing |
| **Analysis Services Only**  (raw data interpretation) | **Price Points (2019)** (prices subject to change) |
| Know Your Genetics (Dr. Amy Yasko) - <https://www.knowyourgenetics.com/> | **FREE** Methylation Pathway Analysis from your nutrigenomic results |
| Genetic Life Hacks - <https://www.geneticlifehacks.com/cheatsheet/> | $34-$79  Compatible w/23andMe (unspecified versions) and AncestryDNA |
| LiveWello - <https://livewello.com> | $19.95 (one-time fee)  Translates “23andMe, AncestryDNA, Family Tree DNA and almost any other personal genomic service in the world” |
| MTHFR Support - <https://mthfrsupport.com/order-reports/> | Variant Report $30 / Excipient Report $10  Compatible w/23andMe (older/newer versions) and AncestryDNA |
| Promethease (Report created using SNPedia.com) -  <https://www.promethease.com/> | $12 (+ $4 for additional data files) |
| Pure Encapsulations’ PureGenomics <https://www.puregenomics.com/Default.aspx>  \*PureGenomics.com is only compatible with 23andMe® and ANCESTRY.COM® genetic data | **FREE** to use – but note:  Reports will provide nutritional recommendations for their Pure Encapsulations supplements and you must have an account to use service. |
| StrateGene - <http://go.strategene.org/genetic-analysis> | $45  **AncestryDNA:** StrateGene™ only works with AncestryDNA tests purchased AFTER MAY 2016 (Version 2 only). Not compatible with earlier test data.  **23andMe:** StrateGene™ works with all (past and current) 23andMe chips. However, if you purchased 23andMe after August 2017, some SNPs that were available with previous chips will be missing from your report. |
| XCode - <https://www.xcode.life/how-it-works/> | $49 (100+ traits) / $89 (200+ traits) / $99 (600 traits)  “Xcode Life DNA Health reports are compatible with all versions of 23andme chip, including all past versions of the 23andme chips [v1 (2008), v3 (2011), v4 (2014) and v5 (2017)]. The Xcode Life DNA Health reports for 23andme V5 chip are the best in the industry for the 23andme V5 chip, covering the most number of SNPs and traits.” |
| **Resources**  (Genomic information and search databases) | |
| American Society of Human Genetics - <https://www.ashg.org/> | |
| dbSNP - <https://www.ncbi.nlm.nih.gov/snp/> | |
| Gene Cards <https://www.genecards.org/> | |
| Gene Food - <https://www.mygenefood.com/genes/> | |
| Genetics Home Reference - <https://ghr.nlm.nih.gov/gene> | |
| National Human Genome Research Institute - [https://www.genome.gov/](%20https:/www.genome.gov/) | |
| openSNP - <https://opensnp.org/snps> | |
| SNPedia - <https://www.snpedia.com/index.php/SNPedia> | |