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IFMNT COT 2019-2021

Class Calendar as of 8/12/2020

All live classes meet Wednesday: 2:30-4:00 PM EST

Note: Schedule subject to change. Topic Order subject to change

Date	Topic
9/25/2019	Orientation
10/9/2019	Pre-Recorded Nutrition Physical
10/16/2019	Assessment Session 1
10/30/2019	Assessment Session 2
11/6/2019	Assessment Session 3 Practicum Part 1
11/13/2019	Assessment Session 4 Practicum Part 2
11/20/2019	Pre-recorded Assessment Session 5 & 6
12/4/2019	Functional Blood Chemistry- Intro
12/11/2019	Functional Blood Chemistry- CMP
12/18/2019	Functional Blood Chemistry- CMP Continued
1/8/2020	Functional Blood Chemistry- CBC Anemias
1/15/2020	Functional Blood Chemistry- CBC Anemias continued/Lab ordering
1/22/2020	Thyroid (90 minutes)
1/29/2020	Six Core Centers of Health- Session 1
2/12/2020	Six Core Centers of Health- Session 2
2/19/2020	Six Core Centers of Health Session 3 (90 minutes)
2/26/2020	Lab Optimal Values
3/11/2020	Functional Blood Chemistry Practicum- Session 1
3/18/2020	Functional Blood Chemistry Practicum- Session 2
3/25/2020	Functional Blood Chemistry Practicum- Session 3 (pre-recorded)
3/25/2020	Kiran Krishnan G.I Webinar (8:00-10:00 P.M. ET)
4/8/2020	Lab Practicum Prerecorded A.F and D.W
4/15/2020	Supplements Session 1- Assessing Needs 1
4/22/2020	Supplements Session 2- Assessing Needs 2
5/6/2020	Supplements Session 3- Assessing Needs 3
5/13/2020	Supplements Session 4 -Assessing Needs 4
5/20/2020	Supplement Session 5- Assessing Needs 5
6/3/2020	Supplements Session 6 - Antioxidant/Immune 1
6/10/2020	Pre-recorded – Supplements Session 7 Vitamin K-2
6/17/2020	Supplements Session 8 - Antioxidant/Immune 2
7/8/2020	Supplement Session 9 - Antioxidant/Immune 3
7/15/2020	Supplements Session 10 - Antioxidant/Immune 4
7/29/2020	Supplements Session 11- Antioxidants/Immune 5
8/12/2020	Supplements Session 12 - Antioxidants/Immune 6
8/26/2020	Supplements Session 13 - Antioxidants/Immune 7
9/2/2020	Supplements Session 14 - Antioxidants/Immune 8 & Vit D
9/9/2020	Supplements Session 15 - Additional Minerals
9/23/2020	Supplements Session 16 - B- Vitamins 1

9/30/2020	Supplements Session 17 - B-Vitamins 2
10/7/2020	Supplements Session 18 - B- Vitamins 3
10/14/2020	Business Strategies (2 hour session) (possibly recorded)
10/28/2020	GI - Session 1
11/4/2020	GI - Session 2
11/11/2020	GI - Session 3
11/18/2020	GI - Session 4
12/2/2020	GI - Session 5
11/9/2020	GI - Session 6
12/16/2020	GI - Session 7
TBA	GI - Session 8
TBA	GI - Session 9
TBA	GI - Session 10
TBA	GI - Session 11
TBA	