



## Next Level Functional Nutrition™

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Class Calendar as of 7/17/2023

All live classes meet Tuesday 1:00 - 3:00 PM EST

Note: Schedule subject to change. Topic Order subject to change

Date	Topic
11/24/2020	Eating Disorders Part 1 (Guest Instructor)
12/8/2020	Eating Disorders Part 2 (Guest Instructor)
12/15/2020	Orientation
12/28/2020	Traumatic Brain Injury (2 Recordings)
1/5/2021	Adrenal Session 1
1/12/2021	RO Case Study
1/19/2021	Adrenal Session 2
2/2/2021	Adrenal Session 3
2/16/2021	Adrenal Session 4
3/2/2021	Adrenal Session 5
3/16/2021	Adrenal Session 6
3/30/2021	Adrenal Session 7
4/13/2021	Adrenal Session 8
4/27/2021	Adrenal Session 9
5/11/2021	Adrenal Session 10 and Case Study Recording Release
5/25/2021	Biotoxin Session 1
6/8/2021	Biotoxin Session 2
6/22/2021	Biotoxin Session 3
7/6/2021	Biotoxin Session 4
7/20/2021	Biotoxin Session 5
8/3/2021	Biotoxin Panel Discussion - Session 6
8/17/2021	Biotoxin Lyme Session 7
9/14/2021	Autism - Spectrum Disorders Session 1
10/5/2021	Autism - Spectrum Disorders Session 2 (note schedule change)
10/12/2021	Autism - Spectrum Disorders Session 3
10/26/2021	Autism - Spectrum Disorders Session 4
11/9/2021	Autism - Spectrum Disorders Session 5
11/23/2021	Autism - Spectrum Disorders Session 6
12/7/2021	Autism - Spectrum Disorders Session 7
12/8/2021	Therapeutic Uses of a Ketogenic Diet - Pt 1 and Pt 2 - Recording
1/4/2022	Autism - Spectrum Disorders Session 8
1/18/2022	Autism - Spectrum Disorders Session 9
2/1/2022	Advanced Lab Interpretation Session 1
2/15/2022	Advanced Lab Interpretation Session 2
3/1/2022	Advanced Lab Interpretation Session 3
3/15/2022	Advanced Lab Interpretation Session 4
	<b>Note Class Time Extension: Now 1:00-3:00 PM ET</b>

3/29/2022	Advanced Lab Interpretation Session 5
4/12/2022	Advanced Lab Interpretation Session 6
4/26/2022	Advanced Lab Interpretation Session 7
5/10/2022	Advanced Lab Interpretation Session 8
<b>5/17/2022</b>	<b>Overflow Adv Lab - only if needed (1-2 PM ET)</b>
	<b>Note Schedule Change (shifted alternating Tuesdays)</b>
5/31/2022	Hormones Session 1 (Live)
6/14/2022	Hormones Session 2 (Live)
6/28/2022	Hormones Session 3 (Live)
7/12/2022	Class Cancelled
7/26/2022	Bone Health Recording Given - No Live Class
8/9/2022	Class Cancelled
8/23/2022	Hormones Session 4 (Live)
9/6/2022	Hormones Session 5 (Live)
9/20/2022	Class Cancelled
10/4/2022	Class Cancelled
10/18/2022	Hormones Session 6 (Live)
11/1/2022	Hormones Session 7 (Live)
11/15/2022	Recording Release
11/29/2022	Hormones Session 8 (Live)
12/13/2022	Hormones Session 9 (Live)
1/10/2023	Hormones Case Recording
	<b>NOTE: Class pace acceleration going forward</b>
4/18/2023	Cancer Session 1
4/25/2023	Cancer Session 2
5/2/2023	Cancer Session 3
5/9/2023	Cancer Session 4
5/16/2023	Cancer Session 5
5/23/2023	Cancer Session 6
5/30/2023	Cancer Session 7
6/6/2023	Cancer Session 8
6/13/2023	Cancer Session 9
6/20/2023	Cancer Session 10
6/27/2023	No Class
7/11/2023	Cancer Session 11
7/18/2023	Cancer Session 12
7/25/2023	Cancer Session 13
8/1/2023	Cancer Possible Overflow
8/15/2023	Wrap Up